



Training Days Dementia & Spirituality

Some useful resources

Some useful resources on Spirituality and Dementia

Caritas Social Action Network. CSAN (Caritas Social Action Network) , which commissioned this film, is the umbrella organisation of charities with a Catholic ethos, providing professional social care within the UK. Its members provide services to marginalised and vulnerable children, adults and families of all faiths and none. It is particularly interested in raising the profile of the needs of people with dementia.

Website: www.csan.org.uk Telephone: 020 7901 4875

Pastoral Care Project. The Pastoral Care Project provides training and support in raising awareness of the spiritual needs of the frail elderly and enabling carers to support them in their journey to the fullness of life.

The Project's special concern is with:

- Parish Initiatives
- Carers Ministry to others
- Ministry in Care Homes.
- Dementia
- Music
- End of Life Care
- Coping with loss

A recent initiative involves the production of a Funeral Mass Card for those who would like to prepare their funerals in advance. The Project also offer a variety of resources which are available and would welcome partnership in furthering these resources.

Website: www.pastoralcareproject.org.uk or telephone 01675 434035

The Leveson Centre . The Leveson Centre, part of the Foundation of Lady Katherine Leveson, was launched in 2001. It arose from a conviction that the contribution of older people, who can inform and enrich the lives of others, was not fully valued. It brings together for study, reflection and exchange of ideas, those of every faith – and none. It publishes a range of useful books and resources, including papers from Leveson Conferences. The Leveson will be re-launched under its new Director, The Revd Kathy Lloyd Roberts, in the spring of 2010.

Temple Balsall, Knowle, Solihull, West Midlands B93 0AN

Tel 01564 778022 Fax: 01564 778432

Website: www.leveson.org.uk.

Christian Council on Ageing. The CCOA acts as a Christian voice and action on issues that matter to older people in Church and Society. It encourages Churches to make provision for appropriate pastoral care, affirming fellowship, meaningful worship, and relevant ministry for their older members. The CCOA also publishes a range of helpful books and resources on spiritual care and older people. www.ccoa.org.uk
Telephone: 0845 094 4161

Edna Hunneysett, who has organised a number of Carer Support Groups in Middlesbrough Diocese, is happy to share her experience in setting up and running groups. Further details can be found on the website: www.carersinthecommunity.org.uk Telephone: 01642 818332

Telos Training Ltd. Telos Training specializes in providing training on meeting spiritual needs of older people and in particular those with dementia for staff in both residential and community settings. Further information can be found on www.telostraining.co.uk Telephone: 07887 651117

Some recommended reading on Spirituality and Dementia

Brennan, M and Heiser, D. (eds): 'Spiritual Assessment and Intervention with Older Adults – current directions and applications. Haworth Pastoral Press (2004)

Brooker, Dawn. Person centered dementia care – making services better'. Jessica Kingsley Publishers, London, 2007

De Chardin, Teilhard: Le Milieu Divin : Fontana Books (1964)

Christian Council on Ageing : Religious Practice and People with Dementia – A Resource for Carers : Christian Council on Ageing (2002)

Church Army and Leveson Centre: A Mission-shaped Church for Older People ? Practical Suggestions for Local Churches,

Collyer, Michael: Assisting Spirituality in Residential Establishments: Church Army, Sheffield (2009) www.churcharmy.org.uk

Goldsmith, Malcolm: In a strange land – People with Dementia and the Local Church' 4M Publications, Southwell, Nottinghamshire (2004)

Hammond, G and Moffitt, L. Spiritual Care – Guidelines for Care Plans (available from the Christian Council on Ageing – see above)

Hammond, G: Training Manual for Care Homes for the Holistic Care of Older People (Available from Christian Council on Ageing – see above)

Higgins, Patricia: 'Holding a religious service for people with dementia': Journal of Dementia Care 11(3), May/June 2003 10-11

Hughes, J, Louw, S, Sabat, S: Dementia: Mind, Meaning and the Person: Oxford University Press, 2006

Hunneysett, Edna: Pastoral Care: Mental Health – Chipmunka Publishing, Brentwood, Essex (2009)

Jewell, Albert: Ageing, Spirituality and Well-being – Jessica Kingsley Publishers (2004)

Keck, David: Forgetting Whose We Are – Alzheimers Disease and the Love of God: Abingdon Press, Nashville (1996)

Lipinska, Danuta: Person-Centered Counseling for People with Dementia – Making Sense of Self: Jessica Kingsley Publishers (2009)

Mackinlay, Elizabeth: Spiritual Growth and Care in the Fourth Age of Life: Jessica Kingsley Publishers, London (2006)

Mackinlay, Elizabeth: Ageing and Spirituality across Faiths and Cultures: Jessica Kingsley Publishers (2010)

Taylor, Elizabeth: What do I say ? Talking with Patients about Spirituality: Templeton Press, (2007) (Includes DVD)

Thibault, Jane, and Morgan, Richard: No Act of Love is ever wasted – the Spirituality of Caring for Persons with Dementia: Upper Room Publishers, Nashville, (2009)

Woodward, James: Between remembering and forgetting – the spiritual dimensions of dementia. Mowbray Publishers (2010)

Some Useful DVD Resources:

'Its still ME, Lord' Caritas Social Action Network (2009)

'There is a Bridge – Alzheimers Disease is not the end – sometimes it can be the beginning' : www.memorybridge.org

Some useful on-line resources:

(You will need a good broadband connection for the films listed below)

Gladys Wilson and Naomi Feil – an extract from the 'Memory Bridge' DVD (see above), showing communication with someone in an advanced stage of dementia

<http://www.facebook.com/video/video.php?v=1144833588209>

Four phases of resolution: A video clip of Naomi Feil describing the various stages of advancing Alzheimers Disease.

<http://www.wellsphere.com:83/caregiving-article/the-four-phases-of-resolution-naomi-feil-video/873914>

Grandpa, do you know who I am? A beautifully made film from the US showing the ways in which grandchildren can have a beneficial effect on people with dementia.

<http://www.hbo.com/alzheimers/grandpa-do-you-know-who-i-am.html>

Identifying mild cognitive impairment. A useful teaching tool describing cognitive impairment at an early stage.

<http://www.hbo.com/alzheimers/supplementary-identifying-mild-cognitive-impairment.html>

The Social Care Institute for Excellence also has an excellent on-line learning resource on dementia: www.scie.org.uk